







<p><b>INVASIVE</b></p>  <p><b>AVOID USE</b></p> <p><b>Orange Hawkweed</b> (<i>Hieracium aurantiacum</i>)</p>	<p><b>NATIVE (z3)</b></p>  <p><b>Alpine Aster</b> (<i>Aster alpinus</i> subsp. <i>vierhapperi</i>)</p>	<p><b>EXOTIC (z6)</b></p>  <p><b>Arkwright's Campion</b> (<i>Lychnis x arkwrightii</i>)</p>
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ADDITIONAL ALTERNATIVES: (z4) **Pinks and Carnations** (*Dianthus* spp. and hybrids); (z3) **Heart-leaved Arnica** (*Arnica cordifolia*); (z3) **Blanket Flower** (*Gaillardia aristata*)

<p><b>INVASIVE</b></p>  <p><b>AVOID USE</b></p> <p><b>Oxeye Daisy</b> (<i>Leucanthemum vulgare</i>)</p>	<p><b>NATIVE (z4)</b></p>  <p><b>Cutleaf Daisy</b> (<i>Erigeron compositus</i>)</p>	<p><b>EXOTIC (z4)</b></p>  <p><b>White New York Aster</b> (<i>Aster novi-belgii</i> white selections)</p>
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ADDITIONAL ALTERNATIVES: (z3) **White Swan Coneflower** (*Echinacea purpurea* 'White Swan'); (z3) **Alpine Aster** (*Aster alpinus*); (z4) **Beach Fleabane Daisy** (*Erigeron glaucus*)

<p><b>INVASIVE</b></p>  <p><b>AVOID USE</b></p> <p><b>Purple Loosestrife</b> (<i>Lythrum salicaria</i>)</p>	<p><b>NATIVE (z4)</b></p>  <p><b>Hardhack</b> (<i>Spiraea douglasii</i>)</p>	<p><b>EXOTIC (z2)</b></p>  <p><b>Tall Delphinium</b> (<i>Delphinium elatum</i>)</p>
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ADDITIONAL ALTERNATIVES: (z3) **Blazing Star** (*Liatris spicata*); (z4) **Bloody Iris** (*Iris sanguinea*); (z3) **Spike Speedwell** (*Veronica spicata*)

<p><b>INVASIVE</b></p>  <p><b>AVOID USE</b></p> <p><b>Russian Olive</b> (<i>Elaeagnus angustifolia</i>)</p>	<p><b>NATIVE (z2)</b></p>  <p><b>Scouler's Willow</b> (<i>Salix scouleriana</i>)</p>	<p><b>EXOTIC (z3)</b></p>  <p><b>Silver Buffaloberry</b> (<i>Shepherdia argentea</i>)</p>
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ADDITIONAL ALTERNATIVES: (z3) **Sandbar Willow/Coyote Willow** (*Salix exigua*); (z5) **Pacific Crabapple** (*Malus fusca*); (z2) **Wolf-willow** (*Elaeagnus commutata*)

<p><b>INVASIVE</b></p>  <p><b>AVOID USE</b></p> <p><b>Scotch Broom</b> (<i>Cytisus scoparis</i>)</p>	<p><b>NATIVE (z3)</b></p>  <p><b>Prickly Rose</b> (<i>Rosa acicularis</i> var. <i>sayi</i>)</p>	<p><b>EXOTIC (z5)</b></p>  <p><b>Deciduous Yellow Azalea</b> (<i>Rhododendron luteum</i>)</p>
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ADDITIONAL ALTERNATIVES: (z2) **Shrubby Cinquefoil** (*Dasiphora (Potentilla) fruticosa*); (z4) **Forsythia** (*Forsythia* hybrids); (z4) **Japanese Kerria** (*Kerria japonica* 'Pleniflora')

<p><b>INVASIVE</b></p>  <p><b>AVOID USE</b></p> <p><b>Spurges</b> (<i>Euphorbia esula</i>, <i>E. myrsinites</i>, <i>E. cyparissias</i>)</p>	<p><b>NATIVE (z5)</b></p>  <p><b>Broad-leaf Stonecrop</b> (<i>Sedum spathulifolium</i>)</p>	<p><b>EXOTIC (z5)</b></p>  <p><b>Yellow Ice Plant</b> (<i>Delosperma nubigenum</i>)</p>
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ADDITIONAL ALTERNATIVES: (z6) **Red Hot Poker** (*Kniphofia* spp.); (z4) **Common Rockrose** (*Helianthemum nummularium*); (z2) **Yellow Gem Shrubby Cinquefoil** (*Dasiphora fruticosa* 'Yellow Gem')

<p><b>INVASIVE</b></p>  <p><b>AVOID USE</b></p> <p><b>Tamarisk</b> (<i>Tamarix chinensis</i>, <i>T. ramosissima</i>)</p>	<p><b>NATIVE (z4)</b></p>  <p><b>Rocky Mountain Juniper</b> (<i>Juniperus scopulorum</i>)</p>	<p><b>EXOTIC (z2)</b></p>  <p><b>Preston Lilac</b> (<i>Syringa x prestoniae</i>)</p>
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ADDITIONAL ALTERNATIVES: (z5) **Smoke Bush** (*Cotinus cogggyria*); (z4) **Pacific Ninebark** (*Physocarpus capitatus*); (z2) **Birchleaf Spirea** (*Spiraea betulifolia* subsp. *lucida*)

<p><b>INVASIVE</b></p>  <p><b>AVOID USE</b></p> <p><b>Toadflax</b> (<i>Linaria vulgaris</i>, <i>L. genistifolia</i> subsp. <i>dalmatica</i>)</p>	<p><b>EXOTIC (z7)</b></p>  <p><b>Mersea Yellow Penstemon</b> (<i>Penstemon pinifolius</i> 'Mersea Yellow')</p>	<p><b>EXOTIC (z9)</b></p>  <p><b>Snapdragons</b> (<i>Antirrhinum majus</i>)</p>
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ADDITIONAL ALTERNATIVES: (z3) **Daylily** (*Hemerocallis* hybrids); (z6) **Torch Lily** (*Kniphofia* 'Little Maid'); (z4) **Yellow Beard-tongue** (*Penstemon barbatus* 'Schooley's Yellow')

<p><b>INVASIVE</b></p>  <p><b>AVOID USE</b></p> <p><b>Yellow Flag Iris</b> (<i>Iris pseudacorus</i>)</p>	<p><b>EXOTIC (z3)</b></p>  <p><b>Western Blue Iris</b> (<i>Iris missouriensis</i>)</p>	<p><b>EXOTIC (z3)</b></p>  <p><b>Butter and Sugar Iris</b> (<i>Iris</i> 'Butter and Sugar')</p>
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ADDITIONAL ALTERNATIVES: (z7) **Oregon Iris** (*Iris tenax*); (z4) **Japanese Water Iris** (*Iris laevigata*); (z4) **Japanese Iris** (*Iris ensata*)

<p><b>INVASIVE</b></p>  <p><b>AVOID USE</b></p> <p><b>Yellow Archangel</b> (<i>Lamium galeobdolon</i>)</p>	<p><b>NATIVE (z6)</b></p>  <p><b>Foam Flower</b> (<i>Tiarella trifoliata</i>)</p>	<p><b>EXOTIC (z3)</b></p>  <p><b>Hosta</b> (<i>Hosta</i> spp. and hybrids)</p>
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ADDITIONAL ALTERNATIVES: (z5) **Barrenwort** (*Epimedium* spp. and hybrids); (z5) **Yerba Buena** (*Clinopodium douglasii*); (z4) **Alumroot** (*Heuchera* hybrids)

**Grow Me Instead** is a key component of the **PlantWise** program, supporting gardeners and industry in reducing the distribution of invasive plants.

This brochure provides a **snapshot** of the invasive plants and suggested alternatives featured in the full **Grow Me Instead** booklet, available online or by contacting the Invasive Species Council of BC.

Special thanks to the **Horticulture Advisory Committee**.






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P (250) 305-1003 F (250) 305-1004  
E info@bcinvasives.ca W bcinvasives.ca  
#104-197 North 2nd Ave.  
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**INVASIVE**  **AVOID USE**  **NATIVE (z3b)**  **EXOTIC (z4)**  **AVOID USE** 

**Baby's Breath**  
(*Gypsophila paniculata*)

**Pearly Everlasting**  
(*Anaphalis margaritacea*)

**Sea Lavender**  
(*Limonium latifolium*)

ADDITIONAL ALTERNATIVES: (z4) **Filligran Russian Sage** (*Perovskia atriplicifolia*); (z4) **Hewitt's Double Meadow Rue** (*Thalictrum delavayi* 'Hewitt's Double'); (z3) **White Flax** (*Linum perenne* 'Diamond')



**INVASIVE**  **AVOID USE**  **NATIVE (z2-6)**  **EXOTIC (z3)**  **AVOID USE** 

**Common Periwinkle**  
(*Vinca minor*)

**Kinnickinnick**  
(*Arctostaphylos uva-ursi*)

**Woodland Strawberry**  
(*Fragaria vesca*)

ADDITIONAL ALTERNATIVES: (z4) **False Lily-of-the-valley** (*Maianthemum dilatatum*); (z4) **Small-flowered Alumroot** (*Heuchera micrantha*); (z2) **Bunchberry** (*Cornus canadensis*, *C. suecica*, *C. unalaschensis*)

**INVASIVE**  **AVOID USE**  **NATIVE (z6)**  **EXOTIC (z7)**  **AVOID USE** 

**English Ivy**  
(*Hedera helix*)

**Salal**  
(*Gaultheria shallon*)

**Taiwan Creeping Raspberry**  
(*Rubus pentalobus*)

ADDITIONAL ALTERNATIVES: (z5) **Deer Fern** (*Blechnum spicant*); (z4) **Purple Wintercreeper Euonymus** (*Euonymus fortunei* 'Coloratus'); (z5) **Priwet Honeysuckle** (*Lonicera pileata*)






**INVASIVE**  **AVOID USE**  **NATIVE (z5)**  **EXOTIC (z2)**  **AVOID USE** 

**Himalayan Balsam**  
(*Impatiens glandulifera*)

**Wild Bleeding Heart**  
(*Dicentra formosa*)

**Cardinal Flower**  
(*Lobelia cardinalis*)

ADDITIONAL ALTERNATIVES: (z4) **Beard-tongue** (*Penstemon barbatus*); (z3) **Red Columbine** (*Aquilegia formosa*); (z7) **Pink Monkey Flower** (*Mimulus lewisii*)

**INVASIVE**  **AVOID USE**  **NATIVE (z2)**  **EXOTIC (z3)**  **AVOID USE** 

**Bachelor's Buttons**  
(*Centaurea cyanus*)

**Showy Daisy**  
(*Erigeron speciosus*)

**Purple Coneflower**  
(*Echinacea purpurea*)

ADDITIONAL ALTERNATIVES: (z4) **Blue Flax** (*Linum lewisii*); (z3) **Nodding Onion** (*Allium cernuum*); (z4) **Cupid's Dart** (*Catananche caerulea*)






**INVASIVE**  **AVOID USE**  **NATIVE (z3)**  **EXOTIC (z3)**  **AVOID USE** 

**Common Tansy**  
(*Tanacetum vulgare*)

**Yarrow**  
(*Achillea millefolium*)

**Summer Sunflower**  
(*Heliopsis helianthoides*)

ADDITIONAL ALTERNATIVES: (z3) **Tall Coneflower** (*Rudbeckia laciniata*); (z5) **Morden Eldorado Garden Mum** (*Chrysanthemum x morifolium* 'Morden Eldorado'); (z3) **Flat-top Goldenrod** (*Euthamia (Solidago) graminifolia*)

**INVASIVE**  **AVOID USE**  **NATIVE (z3)**  **EXOTIC (z3)**  **AVOID USE** 

**Field Scabious**  
(*Knautia arvensis*)

**Common Harebell**  
(*Campanula rotundifolia*)

**Hybrid Yarrow**  
(*Achillea millefolium* hybrids)

ADDITIONAL ALTERNATIVES: (z3) **Columbines** (*Aquilegia* cultivars); (z3) **Masterwort** (*Astrantia major*); (z3-5) **Bee Balm** (*Monarda didyma*)






**INVASIVE**  **AVOID USE**  **NATIVE (z5)**  **EXOTIC (z5)**  **AVOID USE** 

**Himalayan Blackberry**  
(*Rubus armeniacus*)

**Nootka Rose**  
(*Rosa nutkana*)

**Red Raspberry**  
(*Rubus idaeus* hybrids)

ADDITIONAL ALTERNATIVES: (z3) **Thimbleberry** (*Rubus parviflorus*); (z5) **Marionberry or Boysenberry** (*Rubus* 'Marion' or 'Boysen'); (z5) **Black Huckleberry** (*Vaccinium membranaceum*)






**INVASIVE**  **AVOID USE**  **NATIVE (z3)**  **EXOTIC (z3)**  **AVOID USE** 

**Blueweed**  
(*Echium vulgare*)

**Large-leaved Lupine**  
(*Lupinus polyphyllus*)

**Woodland Sage**  
(*Salvia nemorosa*)

ADDITIONAL ALTERNATIVES: (z3-6) **Blue Hyssop** (*Agastache foeniculum*); (z3) **Penstemon** (*Penstemon* hybrids); (z3) **Larkspur** (*Delphinium glaucum*)






**INVASIVE**  **AVOID USE**  **NATIVE (z6)**  **EXOTIC (z7)**  **AVOID USE** 

**Daphne**  
(*Daphne laureola*)

**Oregon Grape**  
(*Berberis (Mahonia) nervosa*)

**Winter Daphne**  
(*Daphne odora*)

ADDITIONAL ALTERNATIVES: (z8) **Evergreen Huckleberry** (*Vaccinium ovatum*); (z7) **Skimmia Cultivars** (*Skimmia* spp.); (z6) **Pacific Rhododendron** (*Rhododendron macrophyllum*)






**INVASIVE**  **AVOID USE**  **NATIVE (z5)**  **EXOTIC (z3)**  **AVOID USE** 

**Flowering Rush**  
(*Butomus umbellatus*)

**Arrowhead**  
(*Sagittaria latifolia*)

**Western Blue Iris**  
(*Iris missouriensis*)

ADDITIONAL ALTERNATIVES: (multi-z) **Sedges** (*Carex* spp.); (z3) **Narrow-leaved Cotton Grass** (*Eriophorum angustifolium*); (z4) **Small-flowered Bulrush** (*Scirpus* spp.)






**INVASIVE**  **AVOID USE**  **NATIVE (z2)**  **EXOTIC (z3)**  **AVOID USE** 

**Knotweeds**  
(*Fallopia japonica*, *F. sachalinensis*, *Polygonum polystachyum*)

**Red-osier Dogwood**  
(*Cornus stolonifera*)

**Peegee Hydrangea**  
(*Hydrangea paniculata* 'Grandiflora')

ADDITIONAL ALTERNATIVES: (z3) **Black Elderberry** (*Sambucus racemosa* var. *melanocarpa*); (z3) **False Solomon's Seal** (*Maianthemum (smilacina) racemosum* subsp. *amplexicaule*); (z3) **Goat's Beard** (*Aruncus dioicus*)

**INVASIVE**  **AVOID USE**  **NATIVE (z3)**  **EXOTIC (z8)**  **AVOID USE** 

**Butterfly Bush**  
(*Buddleja davidii*)

**Lewis's Mock Orange**  
(*Philadelphus lewisii*)

**California Lilac**  
(*Ceanothus* spp. and hybrids)

ADDITIONAL ALTERNATIVES: (z5) **Red-flowering Currant** (*Ribes sanguineum*); (z3) **Black Chokeberry** (*Aronia melanocarpa*); (z3) **Meyer Lilac** (*Syringa meyeri*)






**INVASIVE**  **AVOID USE**  **NATIVE (z3)**  **EXOTIC (z6)**  **AVOID USE** 

**English Holly**  
(*Ilex aquifolium*)

**Red Elderberry**  
(*Sambucus racemosa* subsp. *pubens*)

**San Jose Holly**  
(*Ilex x aquipernyi*)

ADDITIONAL ALTERNATIVES: (z6) **Holly-leaved Osmanthus** (*Osmanthus heterophyllus*); (z5) **Meserve Hollies** (*Ilex x meserveae*); (z5) **Tall Mahonia** (*Berberis (Mahonia) aquifolium*)



**INVASIVE**  **AVOID USE**  **NATIVE (z5)**  **EXOTIC (z4)**  **AVOID USE** 

**Giant Hogweed**  
(*Heracleum mantegazzianum*)

**Blue Elderberry**  
(*Sambucus cerulea*)

**Ligularia**  
(*Ligularia dentata*)

ADDITIONAL ALTERNATIVES: (z5) **Rodgersia** (*Rodgersia* spp.); (z3) **Shieldleaf Rodgersia** (*Astilboides tabularis*); (z5) **Wild Celery** (*Angelica* spp.)

**INVASIVE**  **AVOID USE**  **NATIVE (z3)**  **EXOTIC (z3)**  **AVOID USE** 

**Mountain Bluet**  
(*Centaurea montana*)

**Common Camas**  
(*Camassia quamash*)

**Summer Gentian**  
(*Gentiana septemfida*)

ADDITIONAL ALTERNATIVES: (z3) **Bluehead Gilla** (*Gilia capitata*); (z3) **Clustered Bellflower** (*Campanula glomerata*); (z3) **Wild Bergamot** (*Monarda fistulosa*)